



FEDERATION INTERNATIONALE DES LUTTES ASSOCIEES  
INTERNATIONAL FEDERATION OF ASSOCIATED WRESTLING STYLES

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## TO ALL SELECTED REFEREES FOR THE LONDON OLYMPIC GAMES

**Subject: Wrestling Rules**

### **Preamble:**

You were selected after a long process as Referee for the 2012 London Olympic Games.

I congratulate you and thank you for your devotion for Wrestling.

The Olympic Games are the most important competition for the athletes, especially for the wrestlers. Our duty is therefore to insure an impartial refereeing and to strictly follow the Wrestling Rules.

I would one more time remind you the way to follow and the decisions to take in situations which raise problems. You will also find in which article you can find the solution.

### **Article 28 (special attention to the point "e")**

In this situation, the referee must give a verbal warning to the wrestler who didn't spring back to the bout with: "Attention, center! Attention, center!" If no reaction can be seen, you must therefore give the technical point.

### **Article 30 – Interrupting and continuing the bout**

4 points are important in this article:

1. The foot must entirely touch the protection area (not a part of foot, a half of foot,  $\frac{3}{4}$  of foot but the entire foot). If the foot isn't totally in the protection area, the action is valuable.
2. "If the wrestlers in a hold go into the red zone with three or four feet without executing the hold and stay there." This point explains clearly that as soon as the wrestlers come close to the zone, the referee must announce "zone, zone". If they come into the red zone and stay there 3 to 5 seconds without executing a hold, the referee must stop the match and resumed at the center of the mat (see art. 48).
3. "If the bottom wrestlers' head entirely touches the protection zone". In this case, you need to estimate the situation. If the wrestlers' head (from the red or the blue wrestler) get out during an action, the hold is valuable and you don't need to stop the action. If no action is done, it is correct to stop the bout.
4. "In the case where the bout goes to "par terre" and the attacked wrestler takes an illegal action..." This situation often creates many problems. This point is explained in the article 53 and next ones but the main point is :

In GR, if the attacked wrestler stops the action by raising the leg, the referee must hit the leg in order to try to take off the fault and announce: "Red or Blue, Attention fault". **If the wrestler at fault does it again, you must ask the points and the warning according to the gravity of the fault.**

If the attacking wrestler can develop the hold (despite of the fault), the points must be given after the hold and an additional point must be also given with a caution to the wrestler at fault.

### **Article 33 – the coach**

The coach must be the only person at the edge of the mat. Can you please read this article again because many referees didn't apply it?



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### **Article 34 – the challenge**

In order to clarify this article, the Jury can in no case refuse a challenge even if the action take place in the last 30 seconds and the challenge is required after the gong. This remark is very clear because the coach cannot ask a challenge before the points have been entered in the scoreboard.

### **Article 41 – 1 point (first aline)**

A question was recently asked about this clearly situation. When we speak about 1 arm or 2 arms, we don't speak only about the hand but the arm. As you may know the forearm starts to the hand and finish to the elbow. In the other side, when it is 4 contact points, it can be done by the 2 knees and the 2 hands.

### **Article 45 – the fall**

To whistle the fall, the referee must obligatorily obtain the confirmation from the mat chairman. He must therefore turn over and agrees with the mat chairman and not the judge. After the confirmation with the mat chairman, he can whistle the fall.

### **Article 49 – the ordered hold**

The referee must do everything in order that the wrestlers start correctly the ordered hold. He can touch the wrestlers, ask them to raise their arms, touch them to get to right position, etc...

If a wrestler makes a position' fault, he stops the bout and restarts the bout. At the 2<sup>nd</sup> fault, he applies the sanction but he cannot give a caution to one wrestler the first time and to the other one the second time. He needs to know which wrestler make clearly the fault.

### **Article 51 – fleeing a hold**

Before to sanction a wrestler which flees the hold, the referee must obligatorily:

- Stop a 1<sup>st</sup> time the match in order to tell to the wrestler at fault to take the contact and not refuse the bout
- Stop a 2<sup>nd</sup> time the bout and tell again to the wrestler at fault to modify his position and take the contact
- If after these 2 stops the wrestler at fault continues with his position, the referee can apply the penalty.

### **Article 52 – fleeing the mat**

Regarding the fleeing the mat, everything is clearly explain in the page 58 but it is necessary to remind you that in the wrestling in « par terre » position;

- the referee must place himself in front of the wrestlers in a way to prevent the flee from taking place and announce: "(if it is the blue wrestler) Blue, center! (if it is the red wrestler) Red, center!"
- there is not fleeing the mat in the center of the mat but only if the wrestlers get out of the red zone or protection zone.

The penalty for passivity is only available during the fleeing the holds and the fleeing the mat.

### **Conclusion:**

The points mentioned in this document are not new and they are available on the Wrestling International Rules. You can find these International Rules on the FILA Website on the left menu, under "Regulations – Olympic Wrestling – Wrestling Rules".



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**FILA**

Can you please also translate this circular in your own language so that you referee can understand clearly this document?

I kindly tell you to take care of the strictly application of the Wrestling Rules. The success of the London Olympic Games and your International Referee career will depend on your work.

I thank you for your kind collaboration.

Raphaël Martinetti  
FILA President

**P.S :** Each referee will received in London a Referees' Uniform from the LOCOG. It is therefore not necessary to take with you your FILA Referees' Uniform.

*c/c – To all FILA Bureau Members*