



**TO THE NATIONAL FEDERATIONS CONCERNED  
TO THE WRESTLERS OF THE INTERNATIONAL TESTING POOL 2016**

Corsier-sur-Vevey, 7<sup>th</sup> December 2015

**Subject: Notification to the wrestlers included in the international RTP 2016 – Whereabouts - ADAMS**

Dear President,  
Dear Athletes,

You will find enclosed the list of wrestlers included in the international testing pool for out-of-competition tests for 2016.

This new list 2016 replaces the 2015 list (the wrestlers in the 2015 testing pool who do not appear in the enclosed list are not part of the testing pool anymore and are not submitted to the obligation of informing about their quarterly whereabouts).

As usual the information shall be submitted (in English or French) exclusively in ADAMS latest by the 20<sup>th</sup> of the month preceding the quarter.

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FOR THE FIRST QUARTER 2016 THE WHEREABOUTS SHALL BE SUBMITTED NO  
LATER THAN

**25 DECEMBER 2015**

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<https://adams.wada-ama.org/adams/>

You will receive in the next correspondence the username and the password for those wrestlers who do not have an ADAMS account yet.

The user guides are available on United World Wrestling's website.

**The wrestlers are personally accountable for the accurate and thorough submission of their whereabouts** even if they have delegated this task to a third person (coach, doctor or other).

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## REQUIRED INFORMATION<sup>1</sup>

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### 1. Training, training camps and/or regular activities

For each day of the quarter (including weekends), the name **and address of the place where you will be training, working or conducting any other regular activity** as well as the usual time schedule for such regular activities shall be indicated.

### 2. Daily residence

For each day of the forthcoming quarter (including weekends), please indicate the full address of the place where you will be residing, i.e. staying overnight (e.g. home, hotel, temporary lodgings).

### 3. 60-minute period per day

For each day of the quarter (including weekends and competitions) please indicate one **specific location** (home, training or competition venue) **and one specific 60-minute time-slot** between 5 a.m. and 11 p.m. during which you will be available for a test.

It is utmost important the each athlete conforms to the 60-minute period he/she has indicated.

This does not limit in any case the obligation of submitting accurate whereabouts information out of this 60 minutes period and being available for a control at any time in any place.

### 4. Competitions

Please indicate your competitions of the quarter – championships, cups and international tournaments - as well as the place where you will be residing during the competition (name, address).

- ✓ **The 60-minutes period of availability for a test at a specific location is also compulsory during competition periods.**

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<sup>1</sup> For more information, please consult the *International Standards for Testing & Investigations 2015* on [www.wada-ama.org](http://www.wada-ama.org)

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## CHANGE OF INFORMATION

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- ✓ Any change of time schedule, place of training, residence or competition must be immediately reported in ADAMS.
- ✓ If your plans change and you are no longer available during the 60-minute period at a location, you must update your whereabouts before this period.
- ✓ You can change this 60-minute period by **SMS**. To activate this service, please refer to the user guide available [on United World Wrestling' website](#).
- ✓ The ADAMS mobile app is available on **iTunes App Store** and **Google Play**.
- ✓ **It is important that the submitted information is as accurate as possible at all times.**

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## WHEREABOUTS FAILURES (missed tests and filing failures)

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Athletes shall submit information that must be **clear and accurate** enough to **be easily located** for an out-of-competition test during the 60-minute period and outside this period.

**A missed test** will be recorded when an athlete is not present during the 60 minutes period at the place he/she has submitted in his/her whereabouts information.

**A filing failure** will be recorded when the athlete does not submit his/her whereabouts before the deadline, when the whereabouts information is obviously insufficient or wrong or when it is impossible to locate the athlete outside the one hour period.

A combination of three missed tests and/or filing failures within a twelve months period will be pursued as an anti-doping rule violation and sanctioned with a 12 to 24 months suspension.

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## RETIREMENT AND RETURN TO COMPETITION

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Any wrestler included in the registered testing pool who wishes to retire shall immediately inform United World Wrestling and WADA.

It is reminded that any retired wrestler who wished to return to competition shall inform UWW at least six (6) months before and be available for doping tests during this period (provision 5.7 of the Anti-doping rules 2015).

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We kindly ask you to transmit a copy of this information to the wrestlers included in the testing pool as well as to any other person concerned (coach, doctor, etc).

✓ **A confirmation receipt form is enclosed. Please sign and date it in the space provided and send it back to us to confirm receipt of this notice within 20 days.**

For any concern about the content of this letter, please contact [carlos@unitedworldwrestling.org](mailto:carlos@unitedworldwrestling.org).

For more information visit [United World Wrestling's website](#) or [www.wada-ama.org](http://www.wada-ama.org).

We thank you for your attention and support in the fight against doping and remain

Yours sincerely,



Michel Dusson  
Secretary General

Encl:

- List of wrestlers included in the 2016 testing pool
- Confirmation form

Cc: Bureau; Medical & Anti-doping Commission; Athletes' Commission; WADA



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## CONFIRMATION FORM

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Please sign and date this form in the spaces provided hereunder and **return it by email, post or fax to:**

**UNITED WORLD WRESTLING**  
Rue du Château 6  
1804 Corsier-sur-Vevey  
Fax : (+31) 21 323 60 73  
[carlos@unitedworldwrestling.org](mailto:carlos@unitedworldwrestling.org)

With my signature, I confirm, **as a wrestler**, that I have taken due note of the present letter and the requirements for my whereabouts.

Or

With my signature, I confirm, **as a manager/coach/doctor/other**, that I have taken due note of the present letter and that I have forwarded a copy to the wrestlers of my Federation that are included in the testing pool 2016 and I have duly informed them of their personal responsibility for their whereabouts.

Last Name: .....

First Name : .....

Function : .....

Federation : .....

Date : .....

Signature : .....

(UWW – December 2015)